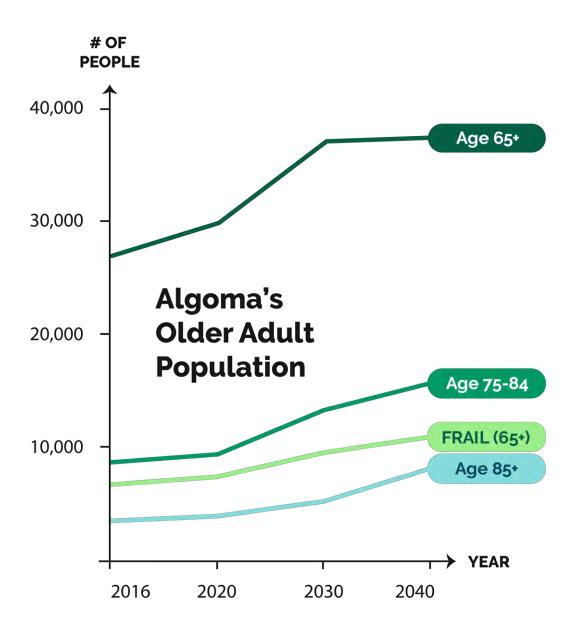


In Algoma, 1 in 4 adults ages 65+ are living with frailty.



**PGLO** predicts that by 2040, almost 11,000 Algoma residents will be living with frailty. The COVID-19 pandemic has disproportionately affected older adults.

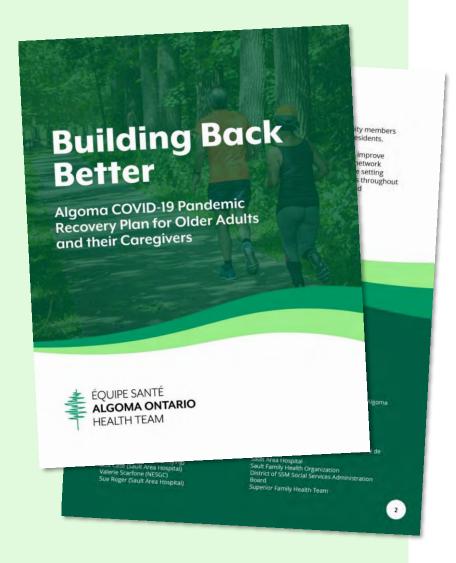


- Access to programs and services
- Mobility



- Social isolation
- Anxiety and mood disorders
- Caregiver burden





#### Purpose of the plan:

- Improve care for older adults based on what we've learned
- Infuse transformative programs at the same time

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## Integrated Care for Older Adults: Design Elements

Multidisciplinary Teams

Collaboration

Comprehensive **Assessment** 

**Older Person-Centred Care** 

**Self-Management** Support

**Cross-sector Partnership** 

**Integrated Specialized Geriatric Expertise** 

**Integrated Community** + Home-based **Interventions** 

**Engaged Older Persons** + Caregivers

Shared Responsibility for Continuity of Care

Integrated Care at the **Point of Care** 

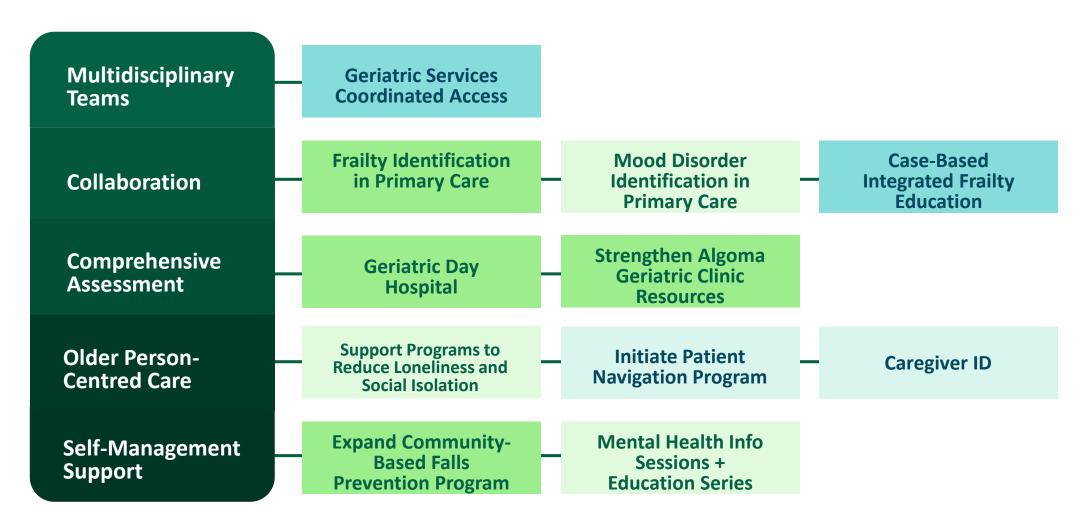
## Four Areas of Focus

Reversing **Functional Decline** 

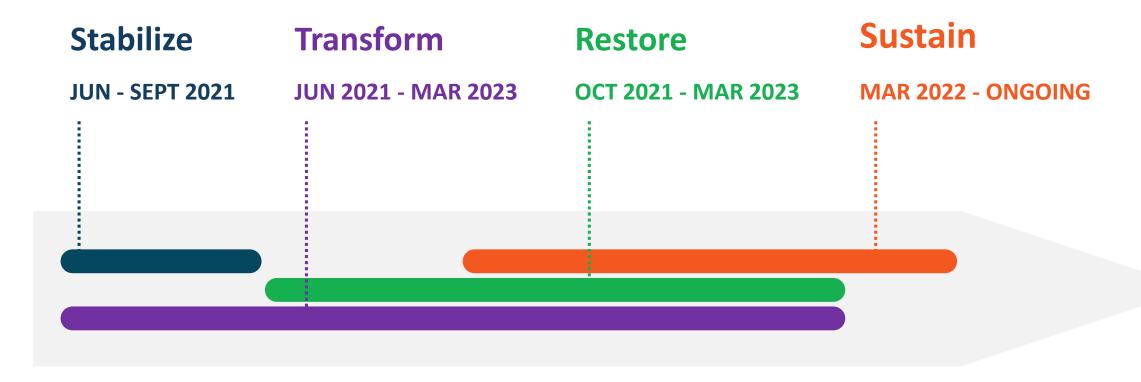
**Improving Mental Health & Wellbeing** 

Supporting **Primary Care**  Supporting **Caregivers** 

## Year 1 & 2 Application of Integrated Care Design Elements



## Health System Recovery in Ontario



**JUNE 2021 MARCH 2023** 

## Health System Recovery in Algoma

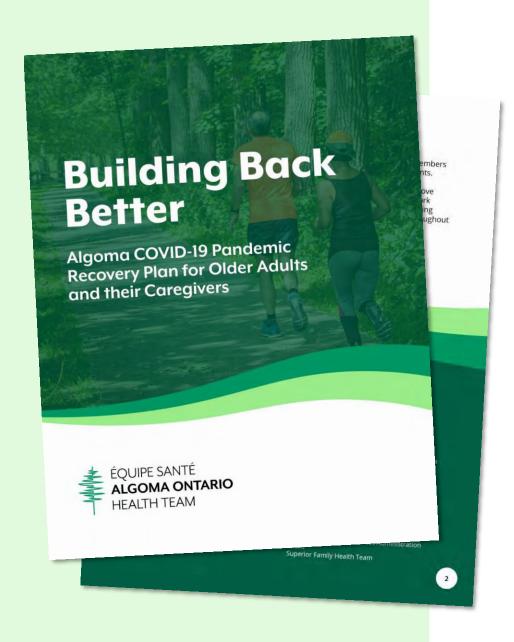
#### **Transform** Restore **JUN 2021 - MAR 2023** OCT 2021 - MAR 2023 **Caregiver ID** Strengthen Algoma Geriatric Clinic Resources **Frailty Identification in Primary Care** Care-based Integrated Frailty Education Expand Community-based Falls Prevention Programs **Initiate Patient Navigation Program Geriatric Services Coordinated Access** Mental Health Information Sessions + Education Mood Disorder Identification in Series Support programs to reduce loneliness and social **Primary Care** Geriatric Day Hospital isolation

**MARCH 2023 JUNE 2021** 



# For consideration...

- 1) Surgical interventions, diagnostic imaging tests and specialist care backlog
- 2) Increasing effective transitions in care
- 3) Expanding digital health tools



# We appreciate your questions and feedback!



# Reach out!

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